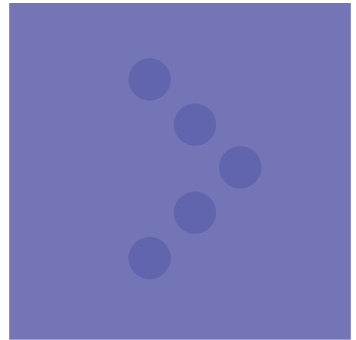
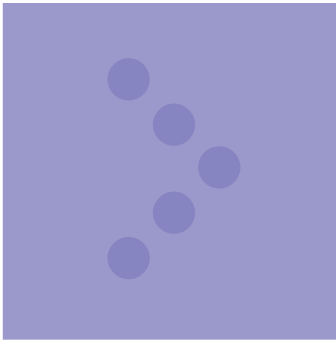
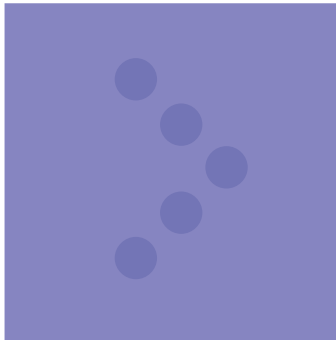


Sexual health and drugs awareness training

For anyone working with young people in Brent



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- › Basic drugs awareness
- › Advanced drugs awareness
- › Sex and relationships education
- › Sexual health for young people
- › Briefings and tailored training
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Our training courses and briefings are free to anyone who works with young people who live, study, work in, or visit Brent.

We offer the opportunity to learn about young people, sexual health, relationships and drugs in a variety of styles, ranging from two day certificated courses to fifteen-minute team briefings.

Training and briefings can be delivered at times and places appropriate to the group being trained, including daytime, evening and weekend sessions in schools, clinics, youth centres, community and faith centres, etc.

Our courses are delivered in partnership with local specialist support agencies and include information on resources and how to refer young people into various local and national organisations, including...



Basic Drugs Awareness

(Part one)

Aim

To assist participants in gaining basic knowledge, skills and confidence in engaging with young people around issues concerning drugs and alcohol - including types of drugs, their effects, their relative harm and the law.

Course Duration

1 day (should be followed by Basic Drugs Awareness part two as soon as possible)

Timetable

9.15am (for a 9.30 start) till 4.30pm

Venue

Wembley Centre for Health and Care

Course dates

Thursday 9th June 2005
Tuesday 27th September 2005
Thursday 8th December 2005
Thursday 16th March 2006

(Part two)

Aim

To build on the knowledge and skills gained on Basic Drugs Awareness part one, participants will explore the resources, good practice, policy and referral processes, necessary in supporting young people on drug and alcohol related issues.

Course Duration

1 day (should be preceded by Basic Drugs Awareness part one)

Timetable

9.15am (for a 9.30 start) till 4.30pm

Venue

Wembley Centre for Health and Care

Course dates

Friday 10th June 2005
Friday 30th September 2005
Friday 9th December 2005
Friday 17th March 2006

Advanced Drugs Awareness

Aim

To build on the knowledge and skills gained on the basic drugs awareness courses and help facilitate a more detailed interaction around young people and substance misuse – including targeted (tier 2) provision and an introduction to tier 3 treatment options.

Course Duration

1 day

Timetable

9.15am (for a 9.30 start) till 4.30pm

Venue

Wembley Centre for Health and Care

Course dates

Wednesday 29th June 2005

Friday 21st October 2005

Thursday 19th January 2006

Tuesday 25th April 2006



Sex and Relationships Education

Aim

To enable professionals to develop skills, knowledge and awareness that will assist them in their work in:

- a) talking to young people about sexual health issues
- b) developing and facilitating sexual health programmes with young people

Course Duration

2 consecutive days

Timetable

9.15am (for a 9.30 start) till 4.30pm

Venue

Wembley Centre for Health and Care

Course dates

Thursday 16th and Friday 17th June 2005

Wednesday 12th and Thursday 13th October 2005

Thursday 26th and Friday 27th January 2006

Thursday 27th and Friday 28th April 2006



Sexual health for young people

Learning opportunities are being developed in partnership with local agencies, which will include information on sexually transmitted infections, blood-borne viruses and supporting young people.

Please check the website for more details

www.brentpct.org/html/YourServices_2412.htm.

Briefings and tailored training

Want to know more about condoms, chlamydia, cannabis, crack or khat?

If you and your team would like to explore the options of a more tailored training and /or briefing on any sexual health or drug related topic, please contact Sandy Youngson at the numbers on the next page.

Trainers' forum

If you currently deliver or are considering starting the delivery of sexual health, relationships or drugs education to young people in Brent, please get in touch.

There are forums that meet regularly that enable us to keep informed about developments in good practice, guidance, training and ensure we co-ordinate services available to young people in Brent. For more details contact Sandy Youngson at the numbers on the next page.

Other Training Services Available in Brent

If you would like to develop educational delivery or support, directly to a group of young people or other members of the community then there are several organisations able to provide help.

We can recommend several local and national agencies that have accredited and experienced trainers, all of whom are also experienced in providing crisis support to people in need, some of which train peers to educate and support others.

In some cases these organisations deliver their services to particular, targeted groups e.g. primary health care specialists, teachers, specific community or faith groups, etc.

For more information on anything in this brochure please contact

Sandy Youngson

Young People's Training Co-ordinator, Sexual Health & Substance Misuse
Brent teaching Primary Care Trust

Health Promotion Department

Wembley Centre for Health & Care,

116 Chaplin Road, Wembley, Middlesex, HA0 4UZ,

Tel: 020 8795 7438 **Fax:** 020 8795 6231

Email: yptraining@brentpct.nhs.uk

Web: www.brentpct.nhs.uk go to 'find your services' then 'Young people's training'.

Application Form - for young people's training courses

Please fax this completed form to **020 8795 6231** or send it to:
Sandy Youngson, Health Promotion Department, Wembley Centre
for Health & Care, 116 Chaplin Road, Wembley, HA0 4UZ

Name

Job title

Organisation

Work Address
Postcode

Phone Work Mobile

Fax

E-Mail

Course Title

Date (1st Choice) (2nd Choice)

Access/Dietary/
Other Requirements

If you need to cancel your place, please do so as soon as possible, failure to give at least 48 hours notice may result in your organisation/department being invoiced a **£25 late cancellation fee** and may affect the access your organisation has to future courses run by the Health Promotion Department. Intention to attend for the full course is essential. Thank you.

Address for invoicing (in the event of non-attendance)

Signature Date

Manager's
Signature Date