

## An Introduction to Contraception and Sexually Transmitted Infections

### Facilitated by:-

Sexual Health &  
Relationships Workers  
and the NHS Brent Health  
Promotion Department

### Duration:-

One Day

9.30am till 4.30pm

(Participants should attend the whole day)

### Date(s):-

- **Fri 26<sup>th</sup> Feb 2010**  
(Closing date:- 5<sup>th</sup> Feb 2010)  
Or
- **Tues 25<sup>th</sup> May 2010**  
(Closing date:- 4<sup>th</sup> May 2010)  
Or
- **Wed 29<sup>th</sup> Sept 2010**  
(Closing date:- 15<sup>th</sup> Sept 2010)  
Or
- **Fri 10<sup>th</sup> Dec 2010**  
(Closing date:- 27<sup>th</sup> Nov 2010)  
OR
- **Tues 15<sup>th</sup> Mar 2011**  
(Closing date:- 1<sup>st</sup> Mar 2011)

### Venue:-

Training Room 2,  
Wembley Centre for  
Health & Care,  
116 Chaplin Road,  
Wembley, HA0 4UZ

### Cost:-

Fully Subsidised (Free)  
for anyone working with  
clients in Brent

### For More information

#### Contact:-

Sandy Youngson,  
Health Promotion  
Department, Brent PCT,  
Wembley Centre for Health & Care,  
116 Chaplin Road, wembley,  
HA0 4UZ.  
020 8795 7438  
[daat.training@brentpct.nhs.uk](mailto:daat.training@brentpct.nhs.uk)

**Aim:-** To assist participants in gaining:-  
Knowledge of several methods of Contraception;  
An understanding of Sexually Transmitted  
Infections (STI's);  
Confidence in delivering appropriate Sexual  
Health education and interventions;  
Knowledge of specialist local support agencies.

### Who Should Attend:-

Anyone working (Paid or Voluntary) with people in  
Brent, especially Teachers; Youth Workers;  
Health Professionals; Frontline/Reception staff;  
those working in Faith, Community, Social Care,  
Criminal Justice settings, etc

### By the end of the training, participants will have learned:-

- About the Sexual Health of the Local and National population.
- About various methods of contraception especially those methods recommended for young people.
- About Sexually Transmitted Infections, particularly those most relevant to Young People in Brent.
- About the Chlamydia Screening Programme
- About the Emergency Hormone Contraceptive scheme
- A variety of methods for engaging their clients in appropriate relationship and sexual health education programmes and/or support
- Make referrals to appropriate local and national support services

### Before attending this course we request that participants:-

- **Complete and return an application form.**
- Visit :-  
[www.ruthinking.co.uk](http://www.ruthinking.co.uk)   [www.avert.org.uk](http://www.avert.org.uk)   [www.playingsafely.co.uk](http://www.playingsafely.co.uk)
  - Read & bring along any policy your organisation has relating to relationships and sexual health.

For Training on Substance Misuse  
and/or Sexual Health for anyone working with  
young people, adults and/or Community Leaders in Brent

# Application Form

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**To apply for this training, please print, complete then  
fax this form to 020 8795 6231** or Send it to

Sandy Youngson, Health Promotion Department, Wembley Centre for Health and Care,  
116 Chaplin Road, Wembley, Middlesex, HA0 4UZ.

daat.training@brentpct.nhs.uk

Tel:- 020 8795 7438

Name

Job Title

Organisation

Address

Post Code:-

Telephone

Fax

Work Mobile

E-mail

Access, Dietary  
or other  
Requirements

Unless otherwise indicated - lunch will not be provided

Title of Training

**Contraception & STI's**

Circle Date  or  or

or

If you need to cancel your place on this training, please do so as soon as possible, failure to give at least 3 week days notice may result in your organisation or department being invoiced a **£50 late cancellation fee** and may affect the access your organisation or department has to future courses funded by the Brent Drug and Alcohol Action Team / Health Promotion Department.  
Intention to attend the full course is essential, Thank You.

Address for invoicing (in the event of non-attendance)

The Information given on this form will be held on a training and resources database and will be used to develop our services and contact you about future training opportunities & new resources

Signature  
(of Applicant)

Date:-

Signature  
(of Manager -  
if applicable)

Date:-